



Altamonte  
Springs  
RECREATION

# SENIOR

2017 ACTIVITIES PROGRAM



# PROGRAM ACTIVITIES

## BOCCE

Bocce practice games are on Wednesdays at 9:30 a.m. with league games played on Fridays at 9:30 a.m. at Westmonte Park. Cost of \$15 includes a holiday luncheon, an end-of-season luncheon and awards. Registration for the 2017-2018 season starts August 28, 2017.

## BOWLING

Bowling takes place at the AMF Lanes on Douglas Ave. in Altamonte Springs on Tuesdays from 12 to 2 p.m. Cost is \$8 per week.

## COMPUTER SKILLS CLASSES

Classes are held at the City Library from 8 to 10 a.m. Basic classes are available on Mondays and Tuesdays and Intermediate classes are offered on Wednesday and Thursdays. For more information, please call (407) 571-8837.

## PICKLEBALL

Pickleball games are at Eastmonte Park on Mondays at 8:30 a.m. Cost is \$2 per person. All skill levels are welcome. Equipment is provided.

## SENIOR GAME DAY

Program is held every Thursday from 9 a.m. to 2 p.m. at the Eastmonte Park Civic Center. Board games, chess, checkers, dominoes, horse shoes and corn hole are offered. A light lunch and snacks are served from 11 a.m. to 12:30 p.m. Cost is an annual membership fee of \$10.

## SENIOR HEALTH FAIR

The 17th annual Senior Health Fair is February 15, 2017 from 10 a.m. to 1 p.m. This is a free community event and provides area residents with information about free or reduced health services.

## SENIOR HOLIDAY LUNCHEON

Come enjoy a delicious lunch and entertainment on December 6, 2017 from 11:30 a.m. to 1:30 p.m. Registration begins October 23, 2017. Cost is \$8 per person.

## SINGLE DAY TRIPS

We offer fun and exciting trips for seniors who would like to visit different places and see new things. See the events schedule for all 2017 trips.

## THERAPEUTIC POOL

The Therapeutic Pool is located at Westmonte Park. This warm-water pool features a wheelchair lift and ramp for easy access, a whirlpool, exercise hand railings and dressing areas with showers and restrooms.

Membership is free for City residents and non-residents are welcome to join with a nominal annual fee of \$150. A photo ID must be made for all members at a cost of \$2. An Altamonte Springs Physician Consent Form is required to use the pool.



# 2017 EVENTS SCHEDULE

## JANUARY

January 9, 23, 30  
*Senior Pickleball*

January 3, 10, 17, 24, 31  
*Senior Bowling*

January 5, 12, 19, 26  
*Senior Game Day*

January 6, 13, 20, 27  
*Senior Bocce League*

## FEBRUARY

February 6, 13, 20, 27  
*Senior Pickleball*

February 7, 14, 21, 28  
*Senior Bowling*

February 2, 9, 16, 23  
*Senior Game Day*

February 3, 10, 17, 24  
*Senior Bocce League*

February 15  
*Senior Health Fair*

## MARCH

March 6, 13, 20, 27  
*Senior Pickleball*

March 7, 14, 21, 28  
*Senior Bowling*

March 2, 9, 16, 23, 30  
*Senior Game Day*

March 3, 10, 17, 24, 31  
*Senior Bocce League*

## APRIL

April 3, 10, 17, 24  
*Senior Pickleball*

April 4, 11, 18, 25  
*Senior Bowling*

April 6, 13, 20, 27  
*Senior Game Day*

April 7, 21, 28  
*Senior Bocce League*

**Jan. 18 | Senior Trip  
Lavendar n' Lace &  
Barn Antiques**  
**10 a.m. – 4 p.m.**  
Registration begins  
Dec. 1, 2016  
Cost \$50 per person

**Feb. 8 | Senior Trip  
Ice House Theater – Mt.  
Dora - "Don't Dress for  
Dinner" | 4:30 – 10 p.m.**  
Registration begins  
Dec. 1, 2016  
Cost \$55 per person

**March 22 | Senior Trip  
Orlando Shakespeare  
Theater - "Great Gatsby"**  
**11:30 a.m. – 4:30 p.m.**  
Registration begins  
Dec. 1, 2016  
Cost \$55 per person

**April 19 | Senior Trip  
Sanford Rivership  
Barbara Lee**  
**10 a.m. – 3 p.m.**  
Registration begins  
Feb. 20, 2017  
Cost \$65 per person

## MAY

May 1, 8, 15, 22  
*Senior Pickleball*

May 2, 9, 16, 23, 30  
*Senior Bowling*

May 4, 11, 18, 25  
*Senior Game Day*

May 5, 12, 19  
*Senior Bocce League*

## JUNE

June 5, 12, 19, 26  
*Senior Pickleball*

June 6, 13, 20, 27  
*Senior Bowling*

June 1, 8, 15, 22, 29  
*Senior Game Day*

## JULY

July 10, 17, 24, 31  
*Senior Pickleball*

July 11, 18, 25  
*Senior Bowling*

July 6, 13, 20, 27  
*Senior Game Day*

## AUGUST

August 7, 14, 21, 28  
*Senior Pickleball*

August 1, 8, 15, 22, 29  
*Senior Bowling*

August 3, 10, 17, 24, 31  
*Senior Game Day*

**May 24 | Senior Trip  
Cirque du Soleil**  
**3 – 8:30 p.m.**  
Registration begins  
Feb. 20, 2017  
Cost \$120 per person

**June 21 | Senior Trip  
Victory Casino**  
**9 a.m. – 5:30 p.m.**  
Registration begins  
Feb. 20, 2017  
Cost \$45 per person

**July 19 | Senior Trip  
Capone's Dinner Show**  
**6:30 - 10:30 p.m.**  
Registration begins  
May 22, 2017  
Cost \$60 per person

**Aug. 16 | Senior Trip  
Treasure Tavern Dinner  
Show | 7 – 11 p.m.**  
Registration begins  
May 22, 2017  
Cost \$65 per person

*Note: All dates and times are subject to change.*

# 2017 EVENTS SCHEDULE

## SEPTEMBER

September 11, 18, 25  
*Senior Pickleball*

September 5, 12, 19, 26  
*Senior Bowling*

September 7, 14, 21, 28  
*Senior Game Day*

## OCTOBER

October 2, 9, 16, 23, 30  
*Senior Pickleball*

October 3, 10, 17, 24, 31  
*Senior Bowling*

October 5, 12, 19, 26  
*Senior Game Day*

October 6, 13, 20, 27  
*Senior Bocce League*

## NOVEMBER

November 6, 13, 20, 27  
*Senior Pickleball*

November 7, 14, 21, 28  
*Senior Bowling*

November 2, 9, 16, 30  
*Senior Game Day*

November 3, 10, 17  
*Senior Bocce League*

## DECEMBER

December 4, 11  
*Senior Pickleball*

December 5, 12  
*Senior Bowling*

December 7, 14  
*Senior Game Day*

December 1, 8, 15  
*Senior Bocce League*

December 6  
*Senior Holiday Luncheon*

**Sept. 20 | Senior Trip**  
**Garden Theatre**  
**10 a.m. – 3 p.m.**  
Registration begins  
May 22, 2017  
Cost TBD

**Oct. 18 | Senior Trip**  
**Hard Rock Casino**  
**8 a.m. - 5 p.m.**  
Registration begins  
Sept. 1, 2017  
Cost \$20 per person

**Nov. 29 | Senior Trip**  
**Christmas at Bok Towers**  
**9 a.m. – 4:30 p.m.**  
Registration begins  
Sept. 1, 2017  
Cost \$45 per person

**Dec. 13 | Senior Trip**  
**Mt. Dora Lunch & Shopping**  
**10:30 a.m. – 4 p.m.**  
Registration begins  
Sept. 1, 2017  
Cost \$40 per person

FOR MORE INFORMATION:

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