



CITY OF  
**ALTAMONTE**  
*Springs*



*Discover Merrill Park*  
GET MOVING IN ALTAMONTE SPRINGS



**Tips for Financial  
Success in 2014**  
*Simple Ways to Budget  
In the New Year*



**City Spotlight**  
*Meet Sarah Reece and  
Gardner Hussey—  
Your City Commissioners*



**Spring Ball**  
*Altamonte Baseball &  
Softball In Full Swing*

JAN/FEB/MAR 2014



## 5 Simple Tips for Financial Success in 2014

**W**ith the first few weeks of 2014 coming to a close, some are feeling inspired to tackle that long list of resolutions that welcomed us into the New Year; and for many, that includes setting financial goals and budgets for the coming months. Perhaps you are planning a family vacation, looking to purchase a new car or beginning to stow away a retirement nest egg. Whatever your motivation, we have you covered with five simple tips:

**1 Figure How Much You Really Spend**  
Step one is to make a list of your spending habits. For one week, keep tabs on every penny you spend—cash, checks, debit and credit cards. If you spend it, jot it down. Having a record of your spending will help you pinpoint your impulse purchases and track your money flow.

**2 Set Your Priorities**  
After you have analyzed your spending habits, it is time to set your priorities for the new year. Decide which items can be cut or reduced and which spending (or saving) helps you reach your long-term financial goals.

**3 Analyze Your Cash Flow**  
Once you understand your past spending habits and know your budget priorities, it is time to analyze your cash flow. Figure out where you have money flowing in and flowing out. Look for financial leaks that can be plugged and options to increase your weekly/monthly income.

**4 Create a Realistic Spending Plan**  
You can now create a budget that works. Make the plan realistic and one that has room for unexpected expenses and mistakes. Create a plan that will help you cut back on spending, help you reach your financial goals but still allows you to enjoy some perks of life. A strict budget that limits all entertainment (e.g., coffee stops, eating out or movies) will not last long. Be realistic and take small steps you can increase as the year goes on.

**5 Recognize That You Are Creating a Lifestyle**  
A budget should be more than just a piece of paper telling you what you should do; it should be a lifestyle plan. Take the time to make sure your budget reflects what is important to you. It should help you reach your long-term and short-term financial goals. You will be more likely to stick to a new year's budget if you create one that fits your lifestyle.

**Life happens. If you get off track, make adjustments and return to these five simple tips to help you resolve to do better and be better in 2014.**

# join the team



## JOB OPPORTUNITIES AT THE CITY OF ALTAMONTE SPRINGS

The City is currently accepting applications for various positions. Full-time employees benefits package includes:

- ✓ Paid Leave Time
- ✓ Paid Holidays
- ✓ Life Insurance
- ✓ Health Insurance

Limited-term positions offer competitive pay for flexible hours. For a complete list of all opportunities, please click on the Job Opportunities button at [www.Altamonte.org](http://www.Altamonte.org) or call the Job Line.



**JOB OPPORTUNITIES**

Applications are available on the website or at City Hall. Email, fax or hand deliver your application to Human Resources.

If none of the current opportunities are right for you, sign up for instant notifications via email at [www.Altamonte.org](http://www.Altamonte.org) under Notify Me.



**NOTIFY ME**

### Office Hours:

Monday through Friday  
7:30 a.m. to 4:30 p.m.

### Address:

225 Newburyport Ave.  
Altamonte Springs, FL 32701

### Contact Information:

Phone: (407) 571-8000  
Fax: (407) 571-8010  
Job Line: (407) 571-8011  
Email: [GR82B@Altamonte.org](mailto:GR82B@Altamonte.org)  
Website: [www.Altamonte.org](http://www.Altamonte.org)

**An Equal Opportunity Employer**

**T**he City of Altamonte Springs strives to be a model organization by providing innovative, outstanding service to the citizens of Altamonte Springs.

### Career Development

*"I have been afforded the opportunity to grow and progress in my career thanks to the opportunities the City has given me."*

~ City Employee for 17 Years

We offer the qualified, ambitious applicant, who is willing to put forth 100% effort, an opportunity to become a part of a progressive city that has long been recognized as exceptional.

### Work Environment

*"I enjoy the challenges of learning my job and really appreciate the support of my co-workers. We really are a team working toward a common goal."*

~ City Employee for 1 Year

Mutual respect, teamwork and servant leadership coupled with a fun and family-like atmosphere makes the City of Altamonte Springs a great place to live, work and play.

### Employee Wellness

*"The City cares about its employees and their needs. We work out together in fitness classes, which not only benefit our health and well-being, but build camaraderie with our co-workers."*

~ City Employee for 21 Years

We are looking for talented candidates to fill our open positions. For more information on how you can join our team, visit [www.Altamonte.org](http://www.Altamonte.org) and click the Job Opportunities button.

*We hope to meet you soon!*

# Get Moving...



It's a new year and many of you have made a resolution to get in shape. It's not always easy, but if you are looking for ways to kick start a new exercise program or shake up your existing program, Altamonte Springs can help. The City offers outstanding facilities and programs to help you get out of the house or gym and enjoy the great outdoors while making fitness a part of your lifestyle.

## The One Mile Walkway at Cranes Roost Park

274 Cranes Roost Blvd./Sun-Thurs. 7 a.m.-11 p.m.; Fri.-Sat. 7 a.m.-12 p.m.

According to research, a walk or jog in the great outdoors is better for the body and mind than using a treadmill. During the first month of a new program, focus on walking or running three days a week for at least one lap around the lake. In the second and third month, add a day per week to your plan. Then, every two weeks add a lap each day until you reach your goal. By April 12th you'll be ready to participate in the Spring Sprint 5K.



## Walking at Lake Lotus Park

1153 Lake Lotus Park Blvd./Thurs.-Sun. 8:30 a.m.-5:30 p.m.

If the thought of exercising in crowds or walking along roadways with the roar of traffic doesn't excite you, Lake Lotus Park is the perfect place for a change of pace. The park offers miles of trails and boardwalks with over 100

acres of diverse, natural habitat without the crowds that accompany many of the local parks. In addition, you can enjoy a bit of old Florida, wildlife and ecosystems rarely found in Central Florida.

## Tennis and Racquetball at Eastmonte Park

830 Magnolia Dr./Mon.-Sat. 8 a.m.-10 p.m.; Sun. 8 a.m.-Dusk

Exercising with a friend can make your workout more fun. Eastmonte has indoor racquetball courts and an outdoor tennis court. You can vary your exercise routine by playing tennis on Monday and Friday and racquetball on Wednesday and then reversing it each week. You may also want to add a game of catch or hit in the batting cages with the kids as an alternate exercise choice at Eastmonte Park.



## Volleyball and Softball Leagues at Merrill Park

985 Merrill Park Dr. /Mon.-Sat. 8 a.m.-10 p.m.; Sun. 8 a.m.-Dusk

Studies show that one of the best ways to stick to an exercise regimen is to schedule it! The City offers adult volleyball and softball league play for much of the year. Playing in a league will compel you to stay with a program and also have the camaraderie of playing a team sport, which will push you to perform at your highest level.

## OFF THE BEATEN PATH

# Merrill Park

A "must visit" for everyone living in Altamonte Springs, Merrill Park is nestled in the northwest section of the City near Jamestown Blvd. and SR 434. Once you've been there, we're sure this park will be one of your favorites!



### VOLLEYBALL COURTS

Sand volleyball courts are available, and the City has an adult volleyball league. For league information, visit [www.ASRecreation.org](http://www.ASRecreation.org).

### PLAYGROUND

The playground has swings, slides, jungle gyms and a soft surface made from recycled tires.



# In the Great Outdoors

Altamonte Springs Offers Lots of Great Ways to Get Moving in 2014



## Swimming at Westmonte Park

624 Bills Lane/Mon.-Sat. 8 a.m.-10 p.m.; Sun. 8 a.m.-Dusk

When summer arrives, don't forget to add swimming as a good exercise choice. The junior Olympic-size pool offers plenty of room to swim and get a full body workout. The pool and aquatics program are staffed with American Red Cross certified lifeguards and water safety instructors. A variety of activities are available, including swim lessons and open swim. Westmonte Park is also home to the City's indoor therapeutic pool, which provides additional health and fitness benefits. Classes, offered year round, are designed to aid individuals with disabilities or injuries by improving their physical health and well-being.

## Health and Fitness DVDs at the City Library

281 Maitland Ave./Mon.-Thurs. 10 a.m.-7 p.m.; Fri.-Sat. 10 a.m.-4 p.m.

If you aren't ready to start an exercise program at the park, you can always keep your mind and body healthy by stopping at the Altamonte Springs City Library to pick up a book or DVD on health and fitness. There are many fun ways to stay healthy with Zumba, yoga, boot camp and many other exercise programs. These materials are available free to Altamonte Springs residents with active library cards.

## Bike Riding on the Seminole Wekiva Trail

271 San Sebastian Prado/Open Dawn to Dusk

Enjoy the scenic beauty of Altamonte Springs and Seminole County by riding your bike along the Seminole Wekiva Trail. The trailhead begins in Altamonte Springs and travels north through Longwood, Heathrow and into Sanford. The nearly 14-mile trail is a paved recreation trail designated as one of Seminole County's Showcase Trails because of its length, beauty and accommodations.

## Playing It Safe in the Parks

Enjoying the outdoors in a city park is a great way to spend quality time with family and friends. And while our City parks are safe places to visit, we want to ensure you stay safe with some simple safety tips:

- There is safety in numbers. Bring someone with you while enjoying the outdoors.
- Always carry a cell phone so help is just a phone call away.
- Avoid using head phones so you are aware of your surroundings and alert. Use the device's speakers instead.
- Keep cell phones, MP3 players, etc. out of sight, as they are tempting targets for thieves.
- If confronted by a potential attacker, flee the area and make a lot of noise, which is often enough to scare attackers away.
- Report any suspicious activity to a park ranger or local authorities. You could prevent a crime!

**Did You Know?** Altamonte Springs parks have call boxes, which give patrons direct contact with park rangers. If the park rangers are unable to answer the phone, it automatically rolls directly to the Altamonte Springs Police Department's dispatch.

## SOFTBALL FIELDS

The park is known as one of the best softball complexes in Central Florida, hosting youth and adult softball leagues. Join a league or come out to watch the games. Visit [www.ASRecreation.org](http://www.ASRecreation.org) for league information.



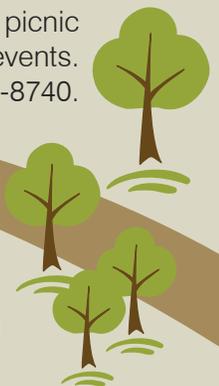
## FITNESS TRAIL

This creatively-crafted one mile fitness trail offers a multi-use warm up area and 11 fitness stations designed to provide a full upper and lower body workout while enjoying the pristine natural environment.



## PAVILIONS

The park's pavilions are perfect for a relaxing picnic or family day. They can also be reserved for events. For more information, call (407) 571-8740.



~ january ~

**Senior Field Trip  
Webster Flea Market**  
**January 13 | 9:00 a.m. – 4:00 p.m.**  
 Eastmonte Park – 830 Magnolia Dr.,  
 Altamonte Springs, 32701  
 Enjoy a fun and relaxing day at the Webster Flea Market. Cost is \$20 including transportation. Departs at 9:00 a.m. from Eastmonte Park and returns at 4:00 p.m. Space is limited. Register today! For more information, call (407) 571-8813.



**Adult Racquetball**  
**Registration Ends January 10**  
 Eastmonte Park – 830 Magnolia Dr.,  
 Altamonte Springs, 32701  
 The league consists of a 13-week season with a single elimination playoff and is open to players of all skill levels. Cost is \$40 per participant. League play begins January 14. For more information, call (407) 571-8806.

**Adult Beach Volleyball**  
**Registration Ends January 15**  
 Merrill Park – 985 Merrill Park Dr.,  
 Altamonte Springs, 32714  
 The program consists of a six-week regular schedule with a two-week playoff schedule and is open to players of all skill levels. The cost is \$35 per participant. Play begins January 20. For more information, call (407) 571-8779.



**Youth Baseball League Spring 2014**  
**Registration Ends January 17**  
 Eastmonte Park – 830 Magnolia Dr.,  
 Altamonte Springs, 32701  
 The Altamonte Springs Babe Ruth Baseball League provides league play for participants ages 4 to 15. Costs vary by division. To register, call (407) 571-8806. For more information, visit [www.AltamonteBabeRuth.org](http://www.AltamonteBabeRuth.org).



**Youth Girls Softball League**  
**Spring 2014**  
**Registration Ends January 17**  
 Merrill Park – 985 Merrill Park Dr.,  
 Altamonte Springs, 32714  
 The Altamonte Girls Fastpitch Softball League, in affiliation with Babe Ruth Softball, provides league play for girls ages 4 to 18. Costs vary by division. Call (407) 571-8779 to register. Visit [www.ASRecreation.org](http://www.ASRecreation.org) for more league information.

**Youth Wrestling**  
**Registration Begins January 20**  
 Lake Brantley South – 1100 Sand Lake Rd.,  
 Altamonte Springs, 32714  
 The wrestling program is sanctioned by USA/FAWA Wrestling Associations and is open to participants ages 6 to 17 from beginner to advanced. The cost is \$75 per participant. Spring session begins February 25. For more information, call (407) 571-8779.

2014 SOLID WASTE CALENDAR



January 20	Martin Luther King, Jr. Day	No Collection
<i>Christmas trees are collected every WEDNESDAY in January.</i>		
March 31 thru April 4	Spring Clean Up	Pick Up Days: • Mon. — West of I-4 • Tues. — East of I-4
April 7-11	Spring Clean Up	• Thurs. — West of I-4 • Fri. — East of I-4
May 26	Memorial Day	No Collection
July 4	Independence Day	No Collection
September 1	Labor Day	No Collection
November 27	Thanksgiving Day	No Collection
December 25	Christmas Day	No Collection

For more information, visit [www.Altamonte.org](http://www.Altamonte.org) or call (407) 571-8607.

~ february ~



**Youth Spring Camp**  
**March 17 – 21**  
**Registration: February 17 – March 12**  
 Westmonte Park – 624 Bills Lane,  
 Altamonte Springs, 32714  
 Camp offers day trips Monday–Friday to various area attractions for children ages 6 to 14. Camp cost is \$35 per day or \$150 for the week. Camp is limited to 50 participants. For more information, call (407) 571-8749.



**Youth ABL Spring Camp  
March 17 – 21**

**Registration: February 17 – March 12**  
Lake Brantley Fieldhouse – 1002  
Lakefront Ln., Altamonte Springs, 32714  
Join former Orlando Magic player  
Anthony Bowie as he teaches  
children ages 8 to 15 basic basketball  
fundamentals and skill development.  
Cost is \$125 for the week. Camp is  
limited to 50 participants. For more  
information, call (407) 571-8729.

**14th Annual Senior Health Fair  
February 19 | 10:00 a.m. – 1:00 p.m.**  
Eastmonte Park – 830 Magnolia Dr.,  
Altamonte Springs, 32701

This event allows vendors to share  
information about their products and  
services with fair attendees. Our goal  
is to provide citizens with information  
about free or reduced health services.  
Cost is free to attend. For more  
information, call (407) 571-8813.

**Senior Field Trip  
Kennedy Space Center  
February 27 | 8:30 a.m. – 5:00 p.m.**  
Eastmonte Park – 830 Magnolia Dr.,  
Altamonte Springs, 32701

Space exploration is brought to life  
with a face-to-face encounter with  
NASA's most astonishing spacecraft  
ever, Space Shuttle Atlantis. Cost  
is \$75 and includes transportation.  
Space is limited. Register today! For  
more information, call (407) 571-8813.

*~ ongoing ~*

**Senior Pickleball  
Every Monday | 8:30 – 10:30 a.m.**  
Eastmonte Park – 830 Magnolia Drive,  
Altamonte Springs, 32701  
Cost is \$2 per person and equipment  
is provided. For more information, call  
(407) 571-8813.

**Senior Bowling  
Every Tuesday | Now thru May 13  
12:00 – 2:00 p.m.**  
AMF Lanes – Douglas Ave.,  
Altamonte Springs, 32714  
Cost is \$7.50 per week. For more  
information, call (407) 571-8813.

**Senior Bocce  
Every Wednesday | Now thru May 2  
9:30 a.m. – 1:00 p.m.**  
Westmonte Park – 624 Bills Lane,  
Altamonte Springs, 32714  
Cost is \$15 for the season. For more  
information, call (407) 571-8813.



**Senior Cards  
Every Wednesday | Year Round  
10:00 a.m. – 4:00 p.m.**  
Eastmonte Park – 830 Magnolia Drive,  
Altamonte Springs, 32701  
Cost is \$1 per week. For more  
information, call (407) 571-8813.

**Senior Bunko  
First & Third Thursday of Each Month  
12:00 – 2:00 p.m.**  
Eastmonte Park – 830 Magnolia Drive,  
Altamonte Springs, 32701  
Cost is \$5 per person/per day. For  
more information, call (407) 571-8813.



**Therapeutic Pool  
Arthritis & Water Aerobics Classes  
Monday thru Friday | Year Round**  
Westmonte Park – 624 Bills Lane,  
Altamonte Springs, 32714  
One-time ID Card cost is \$2 for  
residents. A physician consent form  
is required to participate. For more  
information on registration dates and  
class times, call (407) 571-8735 or  
visit [www.ASRecreation.org](http://www.ASRecreation.org).

*What's New at the Library?*



Enjoy audiobooks and  
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Keep your new year's  
resolutions this year with  
books and DVDs on:

- Exercise and Fitness
- Diet and Nutrition
- Self Improvement
- Money and Investing
- Language Learning
- Relationships



Learn a new skill this year  
with FREE adult computer  
classes from 8 to 10 a.m.

- Beginner Classes on  
Mon. and Wed.
- Intermediate Classes  
on Tues. and Thurs.

For more info or to register,  
call (407) 571-8837.



281 Maitland Ave. • Altamonte Springs, FL 32701  
(407) 571-8830 • **Online Catalog:** <http://altamonte.mysurpass.net>  
**eBook Catalog:** <http://altamonte.lib.overdrive.com>



## CITY COMMISSIONER, DISTRICT 3

**Sarah Reece** ALTAMONTE SPRINGS  
RESIDENT SINCE 1977

Sarah Reece is a true Florida native, born and raised in Lake Wales, Florida. She moved to Orlando in 1968 after completing high school and continued her education by attending Orange Memorial's School of Nursing and graduating cum laude from Florida Southern College—School of Nursing.

Sarah has spent the last 40+ years in Health Services at Orlando Health working as the head nurse of the Progressive Care Unit for 10 years and currently as a Programmer Analyst III in the Information Services Department.

As a single mother of three boys, Steven, Sean and Seth, Sarah realized the importance of creating a close bond with her children. She found baseball to be that common bond and set out to learn everything she could about the sport. Since that time, she has served for more than 15 years on volunteer boards for youth baseball.

Even with her career, family and Babe Ruth duties, Sarah found the time to be active in the Spring Lake Elementary and Lake Brantley High School PTAs for over 10 years. During that time, she received the Gold Apple Award from the Superintendent of Seminole County Public Schools, the Humanitarian Award from the Seminole County Council of PTAs and a special scholarship was awarded in her name by the Seminole County Council of PTAs at Lake Brantley. The scholarship allows a select group of students to travel to Tallahassee for a legislative session and government tour.

Sarah Reece has a passion for helping people and shaping her community. Sarah has been a City Commissioner since 1999.

## CITY COMMISSIONER, DISTRICT 1

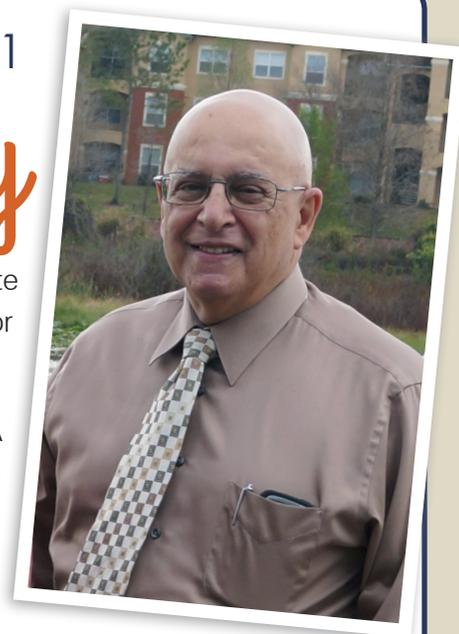
ALTAMONTE SPRINGS  
RESIDENT SINCE 1994

**Gardner Hussey**

Gardner Hussey is a Boston native and U.S. Navy veteran that has called Altamonte Springs home for almost 20 years. He and his wife Dorothy have been married for 42 years and have two children and three grandchildren.

He has a Bachelor's of Science degree from Arizona State University and an MBA from Hofstra University in New York. Gardner began his career in the electronics field as a marketing manager. He is semi-retired and works as an Adjunct Online Professor of Business for DeVry and Southern New Hampshire Universities.

Gardner is certified by the Florida Supreme Court as a County Court Mediator in Seminole County and has been volunteering in that function for 10 years. He also is a Hearing Officer in the P.A.Y. (Prosecution Alternatives for Youth program) in Seminole County Juvenile Court. In addition, Gardner enjoys serving with a number of local service organizations. He has served on various City boards including Code Enforcement Board, Planning Board, Redistricting and Charter Review Committees and was elected to City Commission in 2008.



# Play Ball!

## ALTAMONTE SPRINGS IS IN FULL SWING WITH BABE RUTH BASEBALL & GIRLS FASTPITCH SOFTBALL LEAGUES

Altamonte Springs youth baseball began in the early 1970's in association with Little League Baseball. Fields were constructed at Eastmonte Park allowing thousands of kids in Seminole County a place to play. The program was a great success and had teams participating in the Little League World Series in 1983, 1984, 1988 and 1989.

In 1994, the program changed affiliations and began playing Babe Ruth Baseball. The program continued to grow and served as host of the 1997 Bambino Babe Ruth World Series featuring a team from Altamonte Springs. In 2002, Altamonte Springs participated in the 10 & Under World Series in Bakersfield, California.

Today the City's Babe Ruth program is one of the most accomplished in Central Florida, offering league play for baseball and Girls Fastpitch Softball. The softball program also boasts an impressive history with teams participating in five World Series Championships in the last nine years and two years as the 16U Girls World Series Champions.

These programs continue to thrive with Eastmonte Park hosting youth baseball and Merrill Park hosting Girls Fastpitch Softball. All players enjoy access to topnotch regulation lighted fields and full service practice facilities, which include practice infields, pitching lanes, batting cages and soft toss areas. Both facilities host competitive tournaments throughout the year. This year Altamonte Springs was selected by the National Babe Ruth organization to host the 2014 Cal Ripken 11 Year Old Southeast Regional Baseball Tournament in July. State Champions from Virginia, Florida, Alabama, North Carolina, Tennessee and South Carolina, along with the host team from Altamonte Springs, will compete for the title of Southeast Regional Champions.

Players can register online NOW through January 17th. Workouts begin the week of January 20th with the first pitch for the 2014 season scheduled to be thrown at Eastmonte Park on Saturday, March 1st.

Baseball players ages 4-15 register at [www.AltamonteBabeRuth.org](http://www.AltamonteBabeRuth.org). Softball players ages 4-18 register at [www.ASRecreation.org](http://www.ASRecreation.org). Cost varies by division and includes a full uniform.

For more league information or how to become a volunteer or sponsor, please contact:

### **Babe Ruth Baseball**

Daniel Yarborough  
(407) 571-8806

[DYarborough@Altamonte.org](mailto:DYarborough@Altamonte.org)

### **Babe Ruth Girls Fastpitch Softball**

Richard Handwerk  
(407) 571-8779

[RWHandwerk@Altamonte.org](mailto:RWHandwerk@Altamonte.org)





## **Altamonte Mall 5K** **Saturday, February 1 | 7 to 11 a.m.**

Altamonte Mall is celebrating 40 years! Lace up your sneakers to run or walk Cranes Roost Park at this event to kick off a year of celebration. All skill levels are welcome. Proceeds benefit Families In Transition. For more information or to register, call (407) 608-6080 or visit [www.seminolehomelesskids.org](http://www.seminolehomelesskids.org).

## **Cranes Roost Sunset Cinema** **Saturday, March 8 | 7 to 9 p.m.**

Bring your blankets and chairs and enjoy a family friendly movie on the lawn under the stars hosted by St. Stephen's Lutheran Church. Food and beverages are available for purchase. This month's feature is "Yogi Bear" starring Anna Faris and Tom Cavanaugh and featuring the voices of Dan Aykroyd and Justin Timberlake. Admission is FREE.



## **One Step Forward 5K Walk** **Saturday, March 15 | 8 to 10:30 a.m.**

This walk raises funds and awareness for single mothers in their efforts to raise their children. This event is produced by E.S.T.H.E.R., an organization dedicated to the spiritual, emotional and physical needs of single mothers and their children by encouraging healthy relationships while providing a safe harbor for healing and restoration.

# Events at Cranes Roost



## **Magic of Healthy Living Festival** **Saturday, March 22 | 1 to 5 p.m.**

The City of Altamonte Springs and Radio Disney bring you a FREE, fun-filled day in the park. This event features activities promoting a healthy lifestyle. Guests can enjoy Radio Disney interactive games and music, health and fitness demonstrations and special Q&A and meet and greet sessions with a Disney Channel television star.

## **Open Mic** **Thursday, March 27 | 7 to 9 p.m.**

Perform or simply enjoy an interactive evening of music, dance and spoken word hosted by the First Baptist Church of Altamonte Springs. Come to Cranes Roost Park for a fun, FREE evening performing for family and friends. Performance sign-ups begin at 6:30 p.m.



## **Uptown Art Expo** **Saturday, March 29 | 10 a.m. to 9 p.m.** **Sunday, March 30 | 10 a.m. to 5 p.m.**

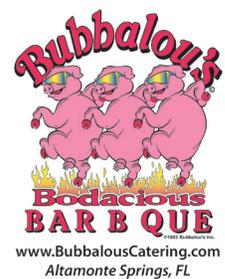
Cranes Roost Park comes alive with artisans showcasing their passion, talent and profession. This FREE event features 150 artist displays of jewelry, glass, painting, photography, pottery, sculpture and more. Enjoy festival food, kids' activities and a live concert featuring saxophonist Mindi Abair.

**For more event information, visit [www.UptownAltamonte.com](http://www.UptownAltamonte.com) or call (407) 571-8863.**



# Thanks to Them, It's Free for You.

The City of Altamonte Springs would like to thank all of its major sponsors for their contributions to events in Cranes Roost Park at Uptown Altamonte for 2013. This 45-acre park is the venue for one of the largest municipally-operated event programs in Florida. Bringing free events to the public is made possible only through the generosity of these sponsors. We salute their dedication to bringing a diverse schedule of entertainment, arts and leisure activities to the citizens of Altamonte Springs and all of Central Florida.



An Emerson International Community



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Orlando - North

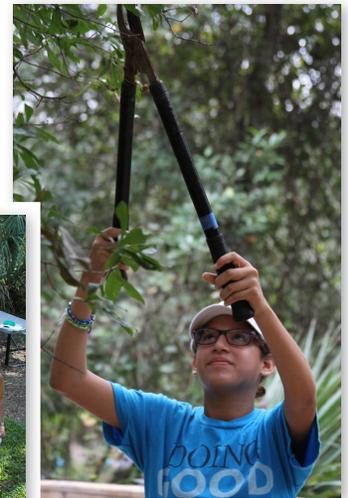
# Adventist Health System Cleans Up Lake Lotus Park

*Local Organization Gives Back to the Altamonte Springs Community*

**M**ore than 130 volunteers gathered at Lake Lotus Park in Altamonte Springs on Sunday, October 20 to put down mulch, plant trees, pick up trash and hammer down loose nails on the park's boardwalk. This is the second year that Adventist Health System employees and their families have spent the day volunteering at Lake Lotus Park. When the organization moved its campus from Winter Park to Altamonte Springs in December of 2011, it was important to find service opportunities in the new community.

"As an organization, we are focused on extending the healing ministry of Christ in all of the communities we serve," said Don Jernigan, President/CEO of Adventist Health System. "The nature preserve at Lake Lotus Park is less than a mile from our headquarters and provides our corporate employees an opportunity to serve the City of Altamonte Springs."

In addition to this service day at Lake Lotus, Adventist Health System is a corporate sponsor of the City of Altamonte Springs' Science Incubator program, which utilizes Lake Lotus Park as a living laboratory for science outreach.



## SUNRAIL IS COMING SPRING 2014 - SUNRAIL.COM

Trains can travel on the tracks at any time and from any direction. It's important to remember that train tracks are not a playground, photo studio or walking path.

**SEE OUR SAFETY VIDEOS!**  
[YouTube.com/RideSunRail](http://YouTube.com/RideSunRail)



Avoid Distractions  
Near the Tracks



Do Not Walk or Place  
Objects on the Tracks



Cross Tracks Only at  
Designated Areas

